



Talking Safely about Suicide

Please use SAFE and PROTECTIVE talk

- Focus on getting support for those who are struggling
- Highlight that it is a sign of STRENGTH to seek help
- Talk about prevention and wellness, not deaths.
- Share what we can do to prevent suicide:

WE, AS A COMMUNITY, CAN STOP SUICIDE

Please DO NOT talk about the details of how someone attempted suicide or died.

Please, do not tell why you think it happened... This kind of talk can INCREASE RISK.